

Free Courses for parents and carers

Would you like to improve your skills or confidence in English or maths?

Would you like to be able to support your child with English or maths?

If you answered yes, then why not join one of our **FREE** Nottingham College courses below. They are running throughout the week, so you will have a choice of classes to choose from.

Nottingham College is pleased to be able to offer **FREE**, live, online courses to parents and carers at your school. These courses are aimed at adults who **do not** have a *GCSE* in maths or English and you need to have lived in the UK or EU for **3 years or more to qualify**.

Places are limited and you need to apply by **Friday 25th September** - see details at the bottom of this leaflet



The weekly 2hr online sessions are **live** and **interactive**.

You will be working with a friendly and supportive tutor and a small group of parents.

Work with us online.

Microsoft Teams Online Classes are easy to join and take part in.

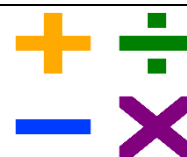
We will help you to enrol and join the course and will support you during the sessions. You will develop your confidence in using Microsoft Teams and being part of an online class.

Choose from the following online course - there are four of them

Introduction to 10 Week Functional Skills

Maths course

Free to adults who have lived in the UK or EU for 3 years or more and who do not have a *GCSE* grade *C* or equivalent in maths



This is a **10 week** introduction to FS maths course and each session lasts 2 hrs. It is aimed at adults who have not got a *GCSE* grade *C* or equivalent qualification in maths.

You will cover topics such as working with numbers, using measurement, reading graphs and charts and working with shape.

This course will improve your understanding, skills and confidence with maths and will prepare you to take the next step onto a Functional Skills qualification course at college.

You will need to have a good level of spoken English and be able to access the sessions on your computer or phone using **Microsoft Teams** (free App).

Introduction to 10 Week Functional Skills

English course

Free to adults who have lived in the UK or EU for 3 years or more and who do not have a *GCSE* grade *C* or equivalent in English.

Please note this is **not an ESOL** course.



This is a **10 week** introduction to Functional Skills English course and each session lasts 2 hrs. It is aimed at adults who have not got a *GCSE* grade *C* or equivalent qualification in English.

You will cover topics such as spelling, punctuation and grammar, improving vocabulary through discussion, understanding different sentence types and reading different types of texts.

This course will improve your understanding, skills and confidence with English and will prepare you to take the next step onto a Functional Skills qualification course at college.

You will need to have a good level of spoken English and be able to access the sessions on your computer or phone using **Microsoft Teams** (free App).

6 week Supporting your Child with Reading and Writing in the Early Years



Free to adults who have lived in the UK or EU for 3 years or more and who do not have a *GCSE* grade *C* or equivalent in English

This is a **6 week** course for parents/carers who have a child in Foundation/ KS1 at school.

You will find out how to support your child with reading and writing by using phonics to blend and segment sounds. You will also learn about reading strategies and how to support your child's developing handwriting skills.

This course will improve your understanding, skills and confidence when supporting your child.

You will need to have a good level of spoken English and be able to access the sessions on your computer or phone using **Microsoft Teams** (free App).

6 week Supporting your Child with Maths skills at Primary School



Free to adults who have lived in the UK or EU for 3 years or more and who do not have a *GCSE* grade *C* or equivalent in maths

This is a **6 week** course for parents/carers who have a child at primary school from year 1 to year 4

You will find out how to support your child with number skills, maths vocabulary and working with shape and space.

This course will improve your understanding, skills and confidence when supporting your child.

You will need to have a good level of spoken English and be able to access the sessions on your computer or phone using **Microsoft Teams** (free App).

Places are limited, so to register your interest or to find out more, please email Lynn by Friday **25th September**, leaving a contact telephone number on lynn.wilson@nottinghamcollege.ac.uk. Lynn will call you back to discuss the course, how to enrol and what you will need to do to take part in the weekly sessions.