

Hempshill Hall Primary School



Drugs and Alcohol Policy

May 2025

To be reviewed May 2027

This Policy is based on the latest Primary School Drug Policy Sample 2017-09-22 provided by Nottingham City Council

School Drug Policy 2022 Based on the DfE / ACPO guidance document Advice for Schools and the 2017 Drugs Strategy -Responding to Strategic directions on:

- Reducing Demand
- Prevention and education
- Building Confidence, Resilience and Skills
- Using effective resources,
- Applying targeted approaches and support where appropriate.
- Promoting A universal approach across the life-course of young people in school

School: Hempshill Hall Primary School

The purpose of the policy

In response to the 2017 Drugs Strategy, the school is committed to a healthy, preventative environment in which neither the misuse of drugs (including legal substances ie medicines: tobacco and alcohol) - by pupils, staff or visitors, nor the illegal or unauthorised supply of these substances is condoned.

The first concern in managing drugs and drugs incidents, is the health and safety of the school community and meeting the pastoral needs of pupils.

We wish to continuously work towards being a DrugAware School in all aspects of school life, meeting our responsibilities toward delivering the 2017 Drugs Strategy, providing an environment, ethos and curriculum that supports and prepares pupils for the choices they may be required to make in a drug-using world.

What we mean by 'Drugs'

Drugs means all prescribed and over the counter medication, tobacco and nicotine products including e-cigarettes, vapes, alcohol and novel psychoactive substances (NPSs or legal highs), solvents glues or gasses or other intoxicants misused to get high and illegal drugs as covered by the misuse of drugs act.

Development process

We aim to involve parents, staff, pupils and governors in policy development, including this policy. It is available from the office and on the school website and will be updated every 2 years.

Local and national references

This policy was written using the Drugs Strategy 2017, DfE/ACPO Drug Advice for School 2012, ADEPIS and Mentor guidance and with additional advice and Local Authority information from the PSHE Advisory Service DrugAware Consultant.

Where and to whom the policy applies

This policy encompasses all legal drugs (including alcohol and tobacco), all illegal drugs, volatile substances (solvents and gasses) and over- the - counter and prescription medicines.

The policy, in line with all other school rules and expectations of behaviour, applies to staff, pupils and visitors to the school, not only within the school boundaries defined by the boundary fence and gates at the front of the building and the boundary fence along the sides and back of the building and on all school visits but also on trips and residential activities, including those made outside of normal school hours.

It will also be upheld on all school buses and may be applied to the immediate vicinity of the school if appropriate.

Other policies that relate to the implementation of this policy are:

- Equal opportunities policy
- Behaviour and Relationships policy
- Health and Safety Policy
- Medicine policy

Storage And Administration of Medicines

The school acknowledges that, parents and carers have prime responsibility for their child's health and should provide us with information about their child's medical condition when appropriate, this will be recorded on an admissions form stored in the main office or on a medicine's information slip provided by the office.

There is no legal duty, which requires teachers to administer medication; this is a voluntary role and will only be called upon in exceptional circumstances. Where exceptional circumstances exist, a contract will be agreed between the school and the parent or carer, and records kept appropriately. Where necessary, school staff will receive training on specific medical conditions.

In this school the Office staff or any other delegated First Aider is responsible for administering medication, its safe storage and keeping of appropriate records.

Other than an inhaler, no pupil should be in possession of medication at any time. All necessary medication is stored in the First Aid Room in either the refrigerator or the labelled secure cupboard. Further details can be found in the school's medicines policy based on 'managing medicines in schools and early years settings 2007'. This is on the website.

Additional information will be provided by parents/ carers if pupils are going on trips or residential and a designated staff member will carry the medication and be responsible for its safe storage and administration in line with the policy.

Illicit Drugs and Support for Children and Families

We acknowledge that in today's society it may be likely that young people may encounter drugs such as alcohol or cannabis. We will offer a curriculum that reflects children's experiences and does not seek to scare, judge, sensationalise or stereotype in relation to substances, opting instead for a pro-health choice approach through PSHE.

In addition, we will provide discrete support for children affected by substance use in their family, in partnership with specialist agencies.

School Pupil Counselling

School Nurse – Bulwell Riverside Nursing Team

CGL'Journey' Education Link Worker Service or Jigsaw - Nottingham

Explore Family (for those affected by parental or family use)
Referral forms and information on these services are at:
<http://www.nottinghamdrugaware.co.uk/supportyp.php#agencies>

We will do our best to ensure that the school premises are safe and have identified safety procedures in the rare event that a syringe or needle or other drug-using equipment are found discarded in the school premises. A sharps bin is available to clear up found sharps. Similarly, if illicit substances are found or confiscated these will be safely stored and arrangements made with the police for their safe disposal.

The Headteacher is permitted by law to authorise personal and property searches for drugs if there are reasonable suspicions that they are being concealed. (see behaviour policy)

We will follow practices in line with The Department for Education's revised advice for schools on **'searching, screening and confiscation'** which came into force on the **1st September 2022**.

The new advice brings in an increased focus on safeguarding and communication with parents/carers as well as guidance on strip searches, after care and the role of an appropriate adult.

The police will be involved in an advisory capacity where serious incidents occur, but the school will deal with minor incidents internally as advised by the ACPO guidance.

As a school, we can have a role in early help with young people affected by drug use.

Parents will be informed of incidents unless there is a reason not to (such as an ongoing investigation or a safeguarding concern).

Smoking:

A no-smoking policy has been developed and accepted by staff and governors. This policy will be in line with the required workplace smoke free policy (available from the NCC website) The policy states that smoking is prohibited on any part of the school premises, and this includes vaping.

Alcohol:

The use of alcohol by all members of the school community, including visitors, is also prohibited except for occasional adult functions out of school hours. This is with the prior permission of the school's management.

Transitions

Advisory note: Evidence shows that both Transition and Permanent Exclusion significantly raise the probability of involvement in substances for already vulnerable students. If drugs are already involved in this scenario then the concern is particularly high.

If a pupil is excluded or involved in a manage move, or if they have known issues around substances (either their own or family) this will be addressed in their transition plans and assisted by the CGL Journey Education Link Worker

Information sharing

Although it is important to maintain confidentiality throughout the handling of any incident or disclosure, pupils and parent/carers will be made aware that complete confidentiality cannot be

guaranteed and will be necessary for the safeguarding of the young person. The sharing of the information will be done sensitively and on a need to know basis. This will help in retaining the trust of pupils and parents/carers and will ensure that the sharing of inappropriate information is kept to a minimum.

Drug Education

Drug Education forms a part of the statutory order for the National Curriculum

We will ensure that opportunities are secured across the curriculum for drugs education and a broad range of up to date resources are available to support this. We use Jigsaw drug and alcohol resources in the Healthy Me section of the scheme, we also may refer to Jed and Ted resources which are accredited by the PSHE Association as recommended in the drug strategy. Year 6 pupil's complete the DAaRT programme. (see website for Healthy Me teaching sequence and content)

We adapt our programme based on the needs of young people in classes, gathering information through surveys, discussion and research of local data and current safeguarding concerns.

We endeavour to deliver a minimum entitlement of:

5 hours at KS1

12 Hours at KS2

Ideally this drug education will occur more than once in each key stage to take in the rapidly changing developmental and social and cultural experiences of the children. Concentrating on the drugs most relevant to the age and experiences of the young people, such as medicines, tobacco and alcohol, we will embed our learning within a wider framework of resilience-building and social/emotional skills development. It will take account of religious and cultural practices around drugs and alcohol.

Support from visitors

The 2017 Drugs Strategy recognises that visiting providers, specifically police, ex-users or those who use shocking stories, facts or accounts of drugs use are the least effective form of education. Whilst the school appreciates the valuable contribution of some outside agencies, it recognises that these visitors should bring 'education-savvy' contributions that support an in-school taught programme from trained teachers. External visits or one-off experiences, not in any wider context, alone does not constitute a complete drug education programme. We believe it is the responsibility of the school to ensure that the contributions made by visitors to the classroom reflect our own philosophy and approach to the subject.

Staff support and training

We will audit our staff's needs and confidence in relation to delivering effective and up to date drug education and access training as necessary through the DrugAware Programme and Local Authority to meet these needs. Governors will be informed of the drug programme and can access training as required, through the authorities, governor services programme or the PSHE Advisory Team NCC

Governance

This policy is current from May 2025 and will be reviewed in 2 years

Print Name Signatures

Sally Dakin

John Wilson

Head teacher

Chair of Governors

The children will follow the 'Healthy Me' Jigsaw Programme and this unit is about making good lifestyle choices and keeping themselves safe. This is the knowledge which is taught to each year group of children.

Ages 4-5 years

- Know the names for some parts of their body
- Know what the word 'healthy' means
- Know some things that they need to do to keep healthy
- Know that they need to exercise to keep healthy
- Know how to help themselves go to sleep and that sleep is good for them
- Know when and how to wash their hands properly
- Know what to do if they get lost
- Know how to say No to strangers

Ages 5-6 years

- Know the difference between being healthy and unhealthy
- Know some ways to keep healthy
- Know how to make healthy lifestyle choices
- Know how to keep themselves clean and healthy
- Know that germs cause disease / illness
- Know that all household products, including medicines, can be harmful if not used properly
- Know that medicines can help them if they feel poorly
- Know how to keep safe when crossing the road
- Know about people who can keep them safe

Ages 6-7 years

- Know what their body needs to stay healthy
- Know what relaxed means
- Know what makes them feel relaxed / stressed
- Know how medicines work in their bodies
- Know that it is important to use medicines safely
- Know how to make some healthy snacks
- Know why healthy snacks are good for their bodies
- Know which foods give their bodies energy

Ages 7-8 years

- Know how exercise affects their bodies
- Know why their hearts and lungs are such important organs
- Know that the amount of calories, fat and sugar that they put into their bodies will affect their health
- Know that there are different types of drugs
- Know that there are things, places and people that can be dangerous
- Know a range of strategies to keep themselves safe
- Know when something feels safe or unsafe
- Know that their bodies are complex and need taking care of

Ages 8-9 years

Ages 9-10 years

Know how different friendship groups are formed and how they fit into them

Know which friends they value most

Know that there are leaders and followers in groups

Know that they can take on different roles according to the situation

Know the facts about smoking and its effects on health

Know some of the reasons some people start to smoke

Know the facts about alcohol and its effects on health, particularly the liver

Know some of the reasons some people drink alcohol

Know ways to resist when people are putting pressure on them

Know what they think is right and wrong

Know the health risks of smoking

Know how smoking tobacco affects the lungs, liver and heart

Know some of the risks linked to misusing alcohol, including antisocial behaviour

Know basic emergency procedures including the recovery position

Know how to get help in emergency situations

Know that the media, social media and celebrity culture promotes certain body types

Know the different roles food can play in people's lives and know that people can develop eating problems / disorders related to body image pressure

Know what makes a healthy lifestyle

Ages 10-11 years

Know how to take responsibility for their own health

Know how to make choices that benefit their own health and well-being

Know about different types of drugs and their uses

Know how these different types of drugs can affect people's bodies, especially their liver and heart

Know that some people can be exploited and made to do things that are against the law

Know why some people join gangs and the risk that this can involve

Know what it means to be emotionally well

Know that stress can be triggered by a range of things

Know that being stressed can cause drug and alcohol misuse